

IMUNE Expert- Quantum Nutrition



There is little that is more fundamental to health than:

- *Healthy digestive and liver function*
- *Appropriate Nutrition- via correct eating.*

The “Expert” learning process builds on the IMUNE International License Quantum Biofeedback Therapist to enable the user to:

- ✓ Deepen their skills in an area fundamental to health.
- ✓ Have a more profound practice
- ✓ Have their expertise reflected in an IMUNE International License.

Quantum Biofeedback Nutrition Expert is specifically oriented to the EPFX/SCIO/QXCI and lifestyle nutrition.

- ✓ Improve practice efficacy by knowledge of digestion, nutrition.
- ✓ Understand specific body systems nutritional requirements.
- ✓ Study psycho-neuro-endocrine-immune functions: mind-body interfaces.
- ✓ Understand the role of nutrition in specific body areas and dysfunctions

Completion of the course enables a practitioner:

1. To give sound information on different aspects of natural nutrition for different health conditions as well as for health maintenance and disease prevention.
2. To have a deeper understanding of the way the SCIO works and is used for stress elements associated with imbalanced nutrition and digestion as well as a greater understanding of energetic medicine.
3. To give sound advice on natural/food supplements from UK and USA and a range of common herbs + Amazon herbs, enzymes, pre- and pro-biotics, amino acids, off the shelf homeopathic remedies, flower essences, phytobiophysics remedies – all of which have been researched to be safe for use by the general public.
4. To give sound advice on equipments such as a juicer, Turbo oven, infra red sauna, life force 2000 zapper, water filter system including Grander, quantron resonance system, InterX5002, HealthPoint Microcurrent Stimulator, Low Level Laser Device – all of which have been extensively researched and are relatively inexpensive, complementary to the SCIO and have proven to be beneficial and safe.
5. To be truly holistic.

The components are:

1. Study modules
2. Multiple-choice questions after each module.
3. Development of clinical expertise in the module areas- document 200 hours of application of the study material in the learning journal.

4. A learning Journal, recording what the studied material has given to you (guidelines provided) including clinical application of learnt material.
5. Set case histories (10)
6. Clinical case histories (4 for each module – total 12)

Prequalification

1. This is an Expert course and it is in the students' interest that they have foundation knowledge in place - either experience or qualification can demonstrate this. Practitioners with 12 months experience are likely to have the foundation knowledge- 6 months may be adequate. This must include clinical experience and using the EFPX/SCIO/QXCI.
2. Be in active practice, able to apply learning and have the desire to work deeper.
3. Knowledge of Anatomy & Physiology is advantageous, although the modules cover these comprehensively.

Approved Providers

Centre for Quantum Healing & Natural Nutrition (CQHNN) has successfully applied to IMUNE for the following curriculum to be appropriate for the Nutrition Expert Qualification. CQHNN is the course provider and all course application should be made to CQHNN.



Course Curriculum

- Module 1 – (30 hours) Nutrition & Digestion
 - Module 2 – (40 hours) Nutrition and psycho-neuro-endocrine-immunology
 - Module 3 – (30 hours) Nutrition & Body systems
- The detailed syllabus, study details and costs can be accessed on line at www.quantumsynergy.co.uk (under construction) or below.
 - These courses are on line or by correspondence.
 - The complete study program can be completed in 9 to 12 months. (approx. 3 months per module)
 - Students may elect to also receive an updated IMUNE International License Quantum Biofeedback Therapist after completing each module - see below

Duration

Minimum period allowed is 9 months, i.e. 3 months for each module to enable students to complete case histories and do clinical studies as they practise.

There is no maximum period, but students are advised not to take longer than 18 months, allowing 6 months for each module.

Dates

The course will start in November 2006 and enrolment is on going since each student will study at her/his own pace.

Course Fees

(For International License fees see below)

- Module 1 –Nutrition & Digestion £300/\$570/€450
- Module 2 –Nutrition and PNI
- Module 3 –Nutrition & Body systems

Complete course paid in advance £750/\$1425/€1125

1. Fees are payable in advance per module.
2. Payable by cheque or bank transfer to “Quantum Healing”.
3. All fees are transacted in £ (pounds sterling). Other currencies are listed for information only and are approximate.

Contact

1. quantumenergy@ntlworld.com
2. Tel:
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 - b. Rest of the world ++ 44 1904 425 850
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Applying for the Expert License

1. Complete the course.
2. Complete the Expert Application & submit course completion documentation.
3. Make payment by Cheque or c/card on line or via fax. (\$150 for 2 year International License)
4. Receive *IMUNE International License Quantum Nutrition Expert*.
5. After 2 years renew at \$100 for subsequent 2 years and submission of 60 CEUs (30 can be general health, 30 are EPFX oriented. A CEU is 50 minutes contact time)

Optionally-Applying for the Therapist License Supplement.

This provides an IMUNE Recognition specific to the particular Module. It provides a document to indicate an additional specialist area of training. It is a supplement to the IMUNE International License Quantum Biofeedback Therapist (IILQBT), which must have been achieved first. It is a one-time recognition and will be listed on an expanded IILQBT. It is designed to recognise education for students who may wish to just do specific modules rather than the expert qualification.

1. Complete the course module
2. Complete the Specialist Application & submit module completion documentation.
3. Make payment by Cheque or c/card on line or via fax. (\$60 per module one time application)
4. Receive updated IILQBT reflecting the appropriate module expertise:
 - a. Nutrition & Digestion

- b. Nutrition and PNI
- c. Nutrition & Body systems

Curriculum

Module 1 – (30 hours)

1. Introduction - A Holistic Approach to Healing (5 levels of healing and naturopathic principles); homeostasis
2. Cellular Physiology – Structure and function (Life and death begin at the cellular level)
3. Macro- & Micro-nutrients – proteins, lipids and glyconutrients (carbohydrates), minerals, vitamins + phytochemicals, antioxidants, enzymes. Introduction to body biotype or individual biochemistry and implications for the proportions of fats, proteins and carbohydrates for different body types.
4. Digestive System is central to health – anatomy & physiology + ingestion, digestion, assimilation and elimination with special emphasis on chewing, HCl, digestive enzymes, bowel flora + supplements for the digestive system and digestive problems (including leaky gut, yeast infections etc.)
5. Liver is the chemical factory of the body and the importance of its functions will be explored. Anatomy & physiology + its role in relationship with digestion and other body systems including detoxification (how to do it naturally) + a section on free radicals or reactive oxygen species (ROS); supplements for liver & gallbladder health and support, gallstones and kidney stones and liver problems.
6. Incorporating all the above into SCIO/QXCI practice + case histories/clinical work.

Module 2 – (40 hours)

1. PNI – pshycho-neuro-endocrine-immune system – the systems that control and direct the body (anatomy & physiology).
2. Role of PNI in health and diseases such as chronic fatigue syndrome (CFS or ME) and Fibromyalgia and neurodegenerative diseases.
3. How to combat stress – physiological, emotional, trauma - nutrition and supplements.
4. Weighty problems – Neurodegenerative diseases, Depression, Obesity, Weight, Diabetes, Hypoglycaemia, Autoimmune Diseases
5. Incorporating all the above into SCIO/QXCI practice + case histories/clinical work.

Module 3 – (30 hours)

1. Cardiovascular & Circulation - Cardiovascular/Stroke/High Blood Pressure
2. Musculoskeletal system – autoimmune diseases & degenerative diseases
3. Respiratory & Urinary Systems – respiratory and urinary health
4. Intergumentary system – skin health
5. Incorporating all the above into SCIO/QXCI practice + case histories/clinical work.

Course Notes

Notes are very comprehensive, including detailed anatomy, physiology & pathology on all systems + natural nutrition cutting edge knowledge + a comprehensive list of natural supplements (and suppliers) + adjunctive energetic devices to complement the SCIO/QXCI. The course is provided on CD/DVD.

Reading List

A comprehensive reading list will be provided for each module.

Assignments & Coursework

1. Multiple-choice questions after each module.
2. Set case histories (10)
3. Clinical case histories (4 for each module – total 12)

The multiple choice and set case history coursework will be geared to show understanding of topics covered. Clinical case histories must also show understanding of learnt topics.

The Centre for Quantum Healing and Natural Nutrition

An Intensive On-line/Correspondence course in

“Quantum Healing & Natural Nutrition”

by

Azizah Clayton BA, M. Phil. Dip. ION

Naturopathic Practitioner

IMUNE Internationally Licensed Device Trainer

“We command Nature only by obeying her” - Francis Bacon

BACKGROUND

The Centre for Quantum Healing & Natural Nutrition (CQHNN) was started in 2003, by Azizah Clayton, to teach QXCI/SCIO practitioners, a postgraduate diploma course in:

1. Anatomy, Physiology and Pathology (A, P & P) together with
2. Natural Nutrition and Quantum Healing (10 modules)

In 2004 A, P & P was dropped because most of the QXCI/SCIO practitioners already had qualification in A & P. A 10-module course was offered to QXCI/SCIO practitioners in “Quantum Healing and Natural Nutrition.”

In 2005, Natural Nutrition and Quantum Healing were separated into two separate 3-weekend intensive certificate courses to meet the requirements of many therapists who prefer short courses. But the two courses give QXCI/SCIO practitioners a diploma qualification in “Quantum Healing and Natural Nutrition” i.e. equivalent to the course that was offered in 2003 and 2004.

The Centre for Quantum Healing and Natural Nutrition is affiliated to CMA (Complementary Medicine Association) and IMUNE.

Principal: *Azizah Clayton, B.A., M. Phil., Dip ION (member of BANT – British Association of Nutritional Therapists & CMA), Naturopathic & Energetic Medicine Practitioner and IMUNE Internationally Licensed Device Trainer*

Azizah, who is trained as a clinical nutritionist, has taken more than a decade to change over to a holistic, naturopathic practitioner. She has acquired a great deal of cutting-edge knowledge through many hours and days of CPD training and continues to do so. She teaches and instructs nationally and internationally, both in nutrition and the use of the energetic device QXCI/SCIO; she sees clients privately but she also does charity talks/lectures; and she is passionate about health, well-being and teaching. She has been teaching nutrition for 6 years and quantum training for 5 years.

Rationale of the Course

1. The postgraduate course was started in 2003 to give QXCI/SCIO practitioners, who came from different background (homeopaths, osteopath, acupuncturists, doctors, etc), an up-to-date knowledge of natural nutrition so that they can utilise the quantum device to its full potential and help clients heal holistically and naturally.
2. Many undergraduate nutrition courses are 3 years long in duration, which is neither practical nor economical for many QXCI/SCIO practitioners. Thus a short nutrition course, which enables a practising practitioner to give sound nutrition advice, is certainly called for.
3. Many nutrition courses have not kept up to date with new research, which is exponential in the field of nutrition. For example, in the problem of obesity, many nutrition courses do not deal with the hormone “leptin”, which is central in obesity, diabetes, hypoglycaemia and other diseases such as cardiovascular. Many nutrition courses still use the old food pyramid to promote healthy eating.
4. Institutions have to make a profit in order to exist and they, therefore, have to recruit large numbers to be viable and charge economic fees. Azizah is a crusader and is offering these courses because she believes in a holistic approach. This undertaking is not for profit – it simply breaks even, because she has to educate herself continuously in order to keep up to date with new research and new findings. She does not have many students but those who have attended her courses are now well-established, thriving and confident holistic SCIO practitioners in the U.K.